Southern Living IT'S PEACH SEASON!

NO-COOK SUMMER RECIPES

Our new favorite cakes, pies, cobblers, and more

PLANTS
THAT CAN
TAKE
THE
HEAT

FREEZER PEACH PIE

Page 95

BEACH DINNERS

JULY 2017



COTTAGE MAKEOVER

CONTENTS



Departments

COLUMNS

12 Life @ Southern Living 130 Southern Journal

HOME & GARDEN

- 15 Before & After Charleston, South Carolina, designer Buff Coles proves that a small, old cottage is worth a second look.
- 24 Homegrown
 South Carolinian Rodger
 Winn serves up heirloom
 tomatoes and history at
 his annual garden party.

- 31 The Grumpy Gardener
 Our garden expert
 alleviates growing pains.
- 35 Southern Tails
 What you need to know before taking your dog on a camping trip
- 36 Around the Garden
 A seasonal guide for green thumbs

BEAUTY & STYLE

39 Instant Classic
One off-the-shoulder
dress, three weekendworthy looks

42 Beauty Secrets
We celebrate the colorful
elegance of a stylish
Georgia grandmother.

TRAVEL & CULTURE

45 Road Trip
The spring-fed waters of
Texas' Guadalupe River
are a magnet for outdoor
adventurers.

THE SL KITCHEN

- 101 Quick-Fix Make a splash with five no-fuss seafood dinners.
- 112 Healthy in a Hurry Sizzling steak tacos with a fast, foolproof salsa

- 114 Cooking with Virginia Squash is in season and incredibly versatile.
- 120 What Can I Bring?
 Serve a refreshing chilled corn soup as an appetizer.
- 122 One and Done
 Chicken and pasta give
 the flavors of caprese
 salad a new spin.
- 124 Save Room Festive cheesecake bars
- 126 Cooking School

 Tips from the South's most trusted kitchen

ON THE COVER

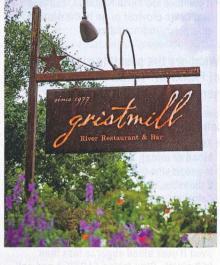
Photograph by Iain Bagwell
Prop Styling by Mindi Shapiro Levine
Food Styling by Torie Cox

TRAVEL & CULTURE

Chillin' on the River Spend afternoons floating, kayaking, or going on other outdoor escapades on the Guadalupe ROAD TRIP The Great Guadalupe The spring-fed waters of this Texas river are a magnet for adventurers BY JENNIFER CHAPPELL SMITH PHOTOGRAPHS BY ROBBIE CAPONETTO



Clockwise from top: Enjoy a riverside stay at the Gruene Mansion Inn. At the Gristmill in Gruene, signs advise "No dancing on the table with spurs."



ORDERED BY LIMESTONE bluffs and stitched to the soil with gnarled cypress roots, the Guadalupe River has come to symbolize the Hill Country, curling through this part of Texas like the lifeline on the palm of your hand. Beyond the 10 ½-mile stretch of River Road near New Braunfels, a tubing and paddling mecca, the river winds from Kerr County past city parklands, private ranches, state park grounds, and farm-to-market road crossings, finally pouring itself out near Seadrift, Texas. "The top of the Guadalupe watershed is at 2,400 feet, and it drops from there to the Gulf," says Susan Sander, naturalist at the nonprofit Riverside Nature Center in Kerrville. "It's about 400 river miles, including all the wiggles."

The river is divided into the Upper and Lower Guadalupe. In between, a dam captures river water to create a scenic playground called Canyon Lake. The upper portion sloshes over low, rocky falls, the intensity of which is determined by rainfall. Dam-controlled flows provide more consistent water and rich trout fishing on the lower stretch of river below Canyon Lake.

"We went down River Road on Fourth of July weekend last summer," says local Judi Temple. "There were just thousands of people down there camping and barbecuing and tubing, and I thought, "This is such a vital part of the Texas Hill Country.' " Temple and her husband, Lee, own a century-old dance hall in Kendalia, just one of the small towns that offer access to the Guadalupe and flourish beside it.



In 1689, a Spanish explorer named the river, but people still debate how to pronounce it. Newcomers might say "Gua-da-LOOP"; those going for a Spanish inflection say "Gua-da-LOOpay." But Hill Country natives insist on "Gua-da-LOOpee"—or simply "the Guad." In any case, this river with a Spanish name winds through Texas hills steeped in German heritage, a gift of the settlers who flooded here in the mid-1800s. (There's a lot of bratwurst

Today, the Guadalupe attracts lots of tubers, kayakers, and hikers along with day-trippers headed to downtowns and dance halls, vineyards and icehouses

and bock consumed in these parts.)

(that's Texas speak for brewhouses) all along the river. A favorite is **River Road Ice House** in New Braunfels, which has a pavilion for live music.

Longtime kayaking guide Stacey
Banta, whose ancestors paddled the
river in the 1820s, knows it better than
most. "It's easy to reach from San Antonio
and Austin, but most of it still has the
small-town vibe," says Banta, owner of
Texas Pack & Paddle (meetup.com/texas
packnpaddle). She prefers to take people

"This river with a Spanish name winds through Texas hills steeped in German heritage."

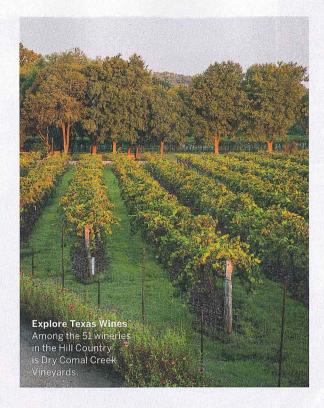
out on the Upper Guadalupe: "You're out, you're remote, yet you're 45 minutes from town."

Go with a guide on this part of the river, as it has just a few rural access points. Feeling more adventurous? Try nonprofit American Whitewater's recommendation: a 7.8-mile trek from Bergheim (Farm Road 3351) to Guadalupe River State Park. "In Texas, we don't have a whole lot of white water," Banta says, estimating there are just a few spots of easier Class 1 and Class 2 rapids between the town of Comfort and the Rebecca Creek Road crossing. "You can walk

Clockwise from top: Beneath an iconic water tower in New Braunfels' Gruene Historic District, you'll find live music and dancing at Gruene Hall, Texas' oldest continuously operating dance hall.







around them, or, if you don't mind an involuntary swim, it's less than knee-deep if you fall out," she says.

The Lower Guad near New Braunfels can feel crowded, teeming with tubers and an often raucous college crowd. Elizabeth and Elliot Ross of San Antonio tried tubing for the first time last summer. Both physicians in their mid-thirties, they recommend going early on weekend mornings to avoid afternoon partyers and long lines at outfitters such as Rockin' R River Rides (rockinr.com), which provides your tube as well as transportation at the end of your float.

On land, explore riverside trails at **Guadalupe River State Park** and its Bauer Unit, an old homestead (*tpwd.texas.gov*). Or hike the Verada Real walking trail along the Canyon Dam at **Overlook Park** (*wildtexas.com*), operated by the U.S. Army Corps of Engineers. An easier paved path for hikers and bikers, the River Trail in

Kerrville runs along the Guadalupe and connects city parks with an entrance at the **Riverside Nature Center** (riversidenaturecenter.org).

In Kerrville, dams form pretty lakes from the river (kerrvilletexas cvb.com). Dine waterside at 1011 Bistro. Then giddyap to The Museum of Western Art.for a photo op at the bucking bronco statue. Downriver at Sister Creek Vineyards in Sisterdale, sip wines in a rustic, barnlike setting. Then head to Kendalia Halle, the 1903 dance hall now owned by the Temples. It's reservation only, so you're guaranteed a table, barbecue tacos, and a spot on the dance floor.

New Braunfels' Gruene (pronounced "green") Historic District is the heart of the Lower Guad (*gruene texas.com*). Dine at the **Gristmill** beneath the iconic Gruene water tower. Signs at the restaurant admonish "No dancing on the table with spurs." But that's okay: You can





Clockwise from top:
At Huisache Grill in New
Braunfels, enjoy dishes
like the Charbroiled
Lamb Burger with
house-made sweet
potato wedges, plus
Texas-friendly service.



dance later at **Gruene Hall** next door (gruenehall.com).

Stay at **Gruene Mansion Inn** bedand-breakfast, the 1872 residence of community founder Henry D. Gruene, which has 31 rooms in the mansion and its outbuildings, some with river views (*gruenemansioninn.com*). For a quieter stay, choose **River Road Treehouses**, gussied-up cabins secured to tall hardwood trees (*riverroadcabins.com*).

Located in New Braunfels proper, Schlitterbahn Waterpark & Resort beckons with slides, rides, and lazy-river fun, powered by the waters of the Comal River, which feeds into the Guadalupe. The park plays on the region's German heritage. ("Schlitterbahn" itself means "slippery road.") Resort lodging comes with free access to the water park and ranges from the SchlitterStein Lofts,



with a contemporary vibe, to **Riverbend Cabins,** located near the park's tubing attraction, The Falls (schlitterbahn.com).

In downtown New Braunfels, historic buildings recall more German heritage (innewbraunfels.com). The 150-year-old Henne Hardware satisfies fans of sturdy rope and tools; Saints Peter and Paul Catholic Church was built in 1871; and the Phoenix Saloon was first among Texas bars to serve women. Dining options in the area include eclectic

Huisache Grill—an upscale bistro—and Alpine Haus Restaurant, with sophisticated Bavarian fare, including a variety of schnitzels. Stop outside New Braunfels at the family-run Dry Comal Creek Vineyards, another testament to the creative businesses that the fertile Guadalupe River Basin has inspired.

Given all the fun you can have in this part of Texas, both on the river and off, the Guadalupe is bound to inspire *you* as well—to plan your return trip. SL